



## DONATE READY-TO-EAT FOOD TO HELP NEIGHBORS IN NEED

In the United States, one in six people, of all ages, struggles with hunger. Together we can help individuals and families in our community by donating food to CityTeam. We daily prepare nutritious meals, emergency food boxes, and seasonal holiday food boxes for those in need. CityTeam is committed to helping more people in need than ever before, but we can't do it without your partnership!



Please collect only non-perishable food items. No homemade or glass items. Thank you!

MAC & CHEESE  
CANNED VEGETABLES  
CANNED FRUIT  
CANNED TUNA  
CAKE MIX  
CEREAL  
PANCAKE MIX  
PACKAGED OATMEAL  
RICE (WHITE, JASMINE, BASMATI)

PEANUT BUTTER/JELLY BEANS  
TORTILLAS  
MEAL IN ONE (SOUPS, SPAM, REFRIED BEANS)  
PASTA (TOP RAMEN, PASTA MIX)  
PASTA SAUCE  
COOKING OIL  
SUGAR

SALT  
SNACK BARS  
SNACK MIX JARS  
BISCUIT MIX  
DRIED SALAMI  
  
POULTRY:  
TURKEY  
CHICKEN  
HAM

BRING DONATIONS TO: \_\_\_\_\_

BY: \_\_\_\_\_

For more Information, contact: Karen at [ctnadmin@cityteam.org](mailto:ctnadmin@cityteam.org) or 408.293.4657 ext.3357

If you can't shop, you can give online so we can shop for you!  
CITYTEAM.ORG/DONATE



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