



DONATE READY-TO-EAT FOOD TO HELP NEIGHBORS IN NEED

In the United States, one in six people, of all ages, struggles with hunger. Together we can help individuals and families in our community by donating food to CityTeam. We daily prepare nutritious meals, emergency food boxes, and seasonal holiday food boxes for those in need. CityTeam is committed to helping more people in need than ever before, but we can't do it without your partnership!



Please collect only non-perishable food items. No homemade or glass items. Thank you!

- | | | |
|-------------------|--|-----------------|
| MAC & CHEESE | PEANUT BUTTER | COOKING OIL |
| CANNED VEGETABLES | JELLY | SUGAR |
| GRAVY MIX | CANNED MILK | SALT |
| CANNED FRUIT | BEANS | <u>POULTRY:</u> |
| CAKE MIX | MEAL IN ONE (SOUPS, SPAM, REFRIED BEANS) | TURKEY |
| SOUPS | PASTA (TOP RAMEN, PASTA MIX) | CHICKEN |
| CANNED TUNA | PANCAKE MIX | HAM |
| RICE | | |
| CEREAL | | |

BRING DONATIONS TO: _____

BY: _____

FOR MORE INFORMATION, CONTACT: _____

If you can't shop, you can give online so we can shop for you!
CITYTEAM.ORG/DONATE



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